

## **Transitioning – Gender therapy followed by letters of recommendation for hormones and SRS.**

Are you after years of suffering Gender Dysphoria, now thinking about transitioning? Commencing with cross gender hormones and surgeries All of which are the first stages of transitioning from one gender to another.

When a person is born with a gender brain condition, they tend to grow up and develop feeling that they were born in the wrong body. Those with such feelings mostly keep them to themselves, until they are adults and beyond. Mostly due to stigma and an acute lack of information.

A person who feels that they are born in the wrong body and the need to transition to the opposite gender. Is known to suffer a gender identity disorder.

Most face this issue from an early age. Later, after researching their feelings and discovering they may be a Transsexual, they tend to undergo a gender assessment by a Gender Specialist to ascertain gender status. Following that they may then be prescribed cross & [best gender hormones](#) in readiness for gender related surgeries. Therefore, Hormones are the first step in changing from one gender to another



People born transgender with identity issues, have no control over those feeling, which are not elective or thought up. Trans individuals suffer a gender birth condition, that remains throughout one's life. Those born with a gender birth/identity condition require professional help and support of a gender specialist to transition medically.

Gender identity is recognized and now at the forefront of society. According to experts, the gender condition occurs in children from birth being prominent at the age of 3 – 4 years old, when they can recognise gender difference as early as three - four years old.

Many after years of confusion and conflict, choose to undergo personal life changes through a 'planned transition'. This requires professional help, with letters of recommendation for

hormones, gender related surgeries, together with support, understanding, acceptance, determination, and acceptance.



To enable Trans individuals to achieve their 'true selves, they initially are required to undergo counselling, and an appropriate assessment, followed by letters of recommendation for hormones, sex reassignment and other related surgeries. Which can for most lead to a happy, harmonious, and peaceful life, accompanied by psychological wellbeing.

Gender therapy therefore, enables Trans individuals to enjoy a normal life, after achieving their 'true self, rather than remaining in a state of anxiety, depression, conflict and at most times social isolation.

For further information, visit <http://www.gendertherapist.com>

**Business Brand Name-Gender Therapist**

**Address 1-58 Manor Road**

**City-Erith**

**State-Kent**

**Zip-DA82AG**

**Phone-+441322341266**

**Country-England**

**Email-Etherapy@gmail.com**