

NDA Course After 12Th – A Complete Guide by Dehradun Military Academy



Choosing a career after 12th grade is one of the most crucial decisions in a student's life. For those passionate about serving the nation, the NDA Course After 12Th presents a prestigious and noble opportunity. At **Dehradun Military Academy**, we provide focused, professional, and personalized NDA coaching that empowers young aspirants to confidently take the first step toward becoming officers in the Indian Armed Forces.

What is NDA?

The **National Defence Academy (NDA)** is the premier joint training institution and center of excellence for grooming future officers of the Indian Army, Navy, and Air Force. It is located in Khadakwasla, Pune. Candidates selected through the NDA examination conducted by UPSC undergo rigorous academic and physical training before joining their respective services.

The NDA exam is conducted twice a year – **NDA I** and **NDA II** – and is open to candidates who have passed or are appearing in their 12th board examinations.

Eligibility for NDA After 12th

To join the [NDA Course After 12Th](#), here are the key eligibility criteria:

- **Nationality:** Must be an Indian citizen.
- **Gender:** Only male candidates are eligible (female candidates can apply for other defense entries).
- **Age Limit:** 16.5 to 19.5 years.
- **Educational Qualification:**
 - For Army Wing: Passed 12th Class in any stream.
 - For Navy and Air Force: Passed 12th Class with Physics and Mathematics.

At **Dehradun Military Academy**, we guide students on how to meet these criteria and plan their preparation well in advance.

NDA Exam Pattern

The NDA written exam consists of two papers:

Paper	Subject	Marks	Duration
Paper 1	Mathematics	300	2.5 hrs
Paper 2	General Ability	600	2.5 hrs
Total	—	900	—

The **General Ability Test (GAT)** includes English, General Knowledge, Physics, Chemistry, History, Geography, and Current Affairs.

After clearing the written test, candidates must pass the **SSB Interview**, which evaluates their leadership skills, psychological fitness, and physical capabilities.

Physical and Medical Requirements

NDA cadets must be medically and physically fit. At **Dehradun Military Academy**, physical fitness is a core part of our training regime. Regular drills, obstacle courses, endurance runs, and yoga sessions ensure our students are in top form before facing SSB.

Key physical standards include:

- No major orthopedic issues or deformities.
- Healthy vision (with or without correction).
- Good cardiovascular and respiratory health.
- Height and weight proportionate to age.

Why Start NDA Course Right After 12th?

1. **Early Preparation Means Better Results**

Students who begin NDA preparation right after 12th gain a head start, mastering both the syllabus and developing officer-like qualities (OLQs).

2. **Best Age to Build Discipline & Stamina**

At this stage, students can easily adapt to military-style routines, boosting physical and mental resilience.

3. **Avoid Wasting a Year**

Instead of waiting or enrolling in unrelated degree courses, preparing for NDA right after 12th saves valuable time.

4. **Opportunities Twice a Year**

With two attempts annually, students have multiple chances to succeed without losing momentum.

Why Choose Dehradun Military Academy?

Dehradun has long been a hub for military and defense training. At **Dehradun Military Academy**, we carry forward this legacy with distinction.

◆ Expert Faculty and Mentors

Our experienced teachers and ex-armed forces officers provide unmatched guidance, blending academic training with real-life insight into defense services.

◆ Complete SSB Training

Unlike many institutes that only focus on written exams, we offer **full-fledged SSB training** including:

- Psychology tests
- Group discussions
- Personal interviews
- GTO tasks
- Screening and PPDT sessions

◆ Physical Training Infrastructure

With obstacle courses, open grounds, and trained physical instructors, our academy replicates military-style workouts.

◆ Personalized Attention

We maintain small batch sizes to give individual attention to every student. Our one-on-one mentoring ensures doubts are resolved and confidence is built steadily.

◆ Hostel Facilities and Military Environment

Our residential program instills discipline through a structured routine similar to that of NDA cadets, helping students adapt better to the military lifestyle.



Course Modules at Dehradun Military Academy

Our NDA course after 12th includes:

- **Academic Modules:** Focused study of Maths, English, and General Ability.
- **Mock Tests:** Regular NDA-style tests to assess progress and improve time management.
- **SSB Preparation:** In-depth personality development sessions and mock interviews.
- **Physical Training:** Daily PT, stamina-building exercises, and obstacle training.
- **Current Affairs & GK Sessions:** Daily updates and quizzes to stay prepared for the GAT section.



Success Stories from Dehradun Military Academy

Over the years, hundreds of our students have successfully cleared the NDA exam and joined the prestigious academy. Many are now serving proudly in the Indian Army, Navy, and Air Force.

Our alumni often return to mentor new batches, sharing tips and inspiring stories that motivate our current students to aim higher.



When to Join NDA Course at Dehradun Military Academy?

The ideal time to join is **right after Class 12th exams** or even earlier during the 11th standard. We offer:

- **1-Year NDA Foundation Program**
- **6-Month NDA Crash Course**
- **Weekend & Online Batches** for flexible learning

Admissions are open throughout the year with limited seats.

Enroll Now – Your Journey to NDA Begins Here

If you're passionate about joining the Indian Armed Forces and ready to commit to a disciplined, rewarding life, then **Dehradun Military Academy** is your trusted partner. Our comprehensive NDA course after 12th will give you the tools, mindset, and preparation to succeed.

Contact Us Today to learn more about our course batches, fees, and enrollment process.